

The Financial Talk I Wish Someone Gave Me

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The Game Plan

- Framework for financial success
- Diversifying your skillset



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The Caveats

- I'm not a financial planner
- I am going to talk numbers
- This may make you feel uncomfortable
- No way I can cover specifics for everyone
- Willing to stay here for as long as it takes



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The Keys To Financial Success

- Educate Yourself!
- Hustle Hard & Put Your Money to Work
- One House, One Spouse
- Don't Spend Like An A\$\$hole
- Save A Lot
- Protect Against Disaster
- Diversify Income Streams and Skillset



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Terms To Define

- Gross income vs net income
- W2 vs 1099 income
- Net worth
- Cash flow
- Tax burden
- Savings vehicles
- Interest



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Educate Yourself!

- The White Coat Investor
- Passive Income MD
- Physician on FIRE
- DOC Jobs



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Hustle Hard

- Wealth = (Money In – Money Out) + Money Saved + ROI
- My initial philosophy
 - Never sit on your ass when you can be making money
 - Dump everything I can on my loans
 - Sets dangerous precedents
 - Not sustainable over long run



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One House, One Spouse

- Picking the right spouse more important than anything else you'll do
- Divorce is incredibly stressful, costly, and can impact your finances for decades
- Paying on multiple mortgages will make you cash poor
- Choosing poorly in the house and spouse element of life will lead to burnout and resentment



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Don't Spend Like An A\$\$hole

- Live like a resident until loans are paid off
- Avoid lifestyle creep
- Spend on experiences not consumption items
- Divert income into savings vehicles



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Save A Lot!

- High income = opportunity to divert money to savings vehicles
- Goal = 20-25% of gross annual income into retirement savings
- Time + compound interest = \$\$\$\$
- Save for catastrophe
- Understand tax advantaged vs non-tax advantaged options
- Understand interest rates and access



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Retirement Vehicles

- 401k/403b options
 - Pre-tax vs Roth (post-tax)
 - Matches?
- 457 plans
- HSA as retirement vehicle
- Backdoor Roths
- Taxable plans



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Basic Retirement Concepts

- Maximize every tax-advantaged vehicle you can
- Take free money whenever available
- Assumptions
 - Need to accumulate 25x your annual expenses
 - The 4% withdrawal rule
 - Safe to assume at least 5% (net) return on your retirement accounts over time



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Basic Retirement Concepts

- Glide paths and timing
- Some current expenses may not exist at retirement time
- Want to retire earlier? Different accounts have different access
- Picking investments low in expenses is important
- Need to understand your risk tolerance
- May only partially retire or have other income streams



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Protect Against Disaster

- Goal: saving 6 months of expenses in easy access account
- Specialty-specific disability insurance
 - Employer plan may not cover you enough, and not likely to be portable
- Life Insurance
- Diversify income streams
 - Credential at 2nd site
 - Entrepreneurial opportunities



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The Entrepreneurial Spirit

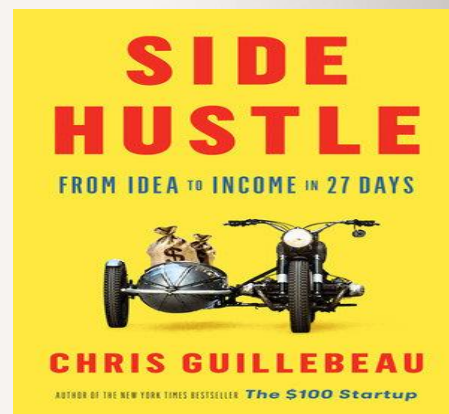
- Your physician title opens many possibilities beyond just working a shift
- Your earning power creates cash flow for investing/saving
- Physician-oriented side hustles
- Business & investing outside of medicine



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Physician Side Hustles

- Medical Consulting
- Telemedicine
- Chart/Utilization Reviews
- Legal Expert
- Blogger/Podcaster
- Insurance Reviews
- The Speaking Circuit



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Non-medical Side Hustles

- Real estate
 - Purchasing debt
 - Peer lending
 - Angel investing
 - Buy a business/franchise
 - Start a business
 - Invent something
- Common theme:
 - Using your access to money to make more \$\$\$



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The Good & Bad of Side Hustles

- The Good
 - Extra income = flexibility
 - Might be fun!
 - May lead to different career trajectory
 - Protection against the unknown
- The Bad
 - Do you really need a 2nd job?
 - Time
 - Financial start up
 - Conflict of interest
 - Haters Gonna Hate



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Summary

- You're about to reach the goal you've been working towards!
- Entering a lucrative, fulfilling, and incredible time of your life
- Moves made today will have an impact 30 years from now
- There are endless possibilities to maximize your income streams
- Don't put too much pressure on yourself → enjoy the journey!



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Thank you!

Questions/Comments?

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